

Testimonials on Joseph Carringer and didgeridoo harmonic therapy

1/23/07

Case study report Michael Graff:

Vibrational Healing sessions with Joseph Carringer

Contact Dates: 6/11/06

2. 6/21/06.

3. 7/14/06

4. 8/4/06

5. 9/15/06

6. 1/5/07

I have colon cancer and am attempting to treat it with as many healing techniques as possible. Mixing western medical model with any form of eastern or alternative forms of healing that I have been able to avail myself. I have been undergoing chemotherapy every other week, received Reiki Healing from myself and other practitioners, Healing Touch sessions, a week of sessions with an energy healer in NJ using essences, BOS, and TBM (Total body Modification), a Shamanic journey, two faith healing session, personal visualizations, guided imagery from recorded CDs (two of Joseph's which I highly recommend), and a CD of the Dali Lama's healing chants.

!) Sunday 6/11/06 Met at suggestion by Salandrea Owner of The Mustard Seed, who was aware that I was undergoing chemotherapy after two surgeries for colon Cancer. I had found the Mustard Seed looking for products to alter the ph of my body, and also found they make their own 4 herb formula and cancer fighting herbal tea.

I was led out back in garden and met Joseph and Nichole. Discussed energy and healing, they explained about vibrational and healing with sound. Discussed my years of work doing therapy with a primary population of angry, confused and often abused and /or abusing adolescents. Joseph commented that I was probably very good at my job. And went on to explain that energetically I let my clients release their negative, angry or hurt energy; that I feel come from fears. Joseph suggested that I have not been protecting or clearing myself well enough and this energy has attached, he called them Klingon's making me smile with my fondness for Star Trek, that they have settled in my Colon and associated root charka and need to be cleared and/or accepted in a positive manner. When he played for me I felt a sense of peace and my body/energy started tingling and vibrating. It was a very positive experience and when Joseph offered to continue to work with me, I was determined to contact him and accept his offer. Leaving I felt a significant comfort, and kinship with both Joseph and Nicole; I also felt a sense of hope and optimism.

I called and scheduled my first session two weeks later and have attended a total of five sessions after our first meeting at the Mustard Seed. My goal has been to treat my cancer in a general energetic way and also seeking chemotherapy side effect symptom reduction and pain relief.

2) Wednesday 6/21/06 Walked into studio was told to lye down on a collapsible army cot. Smudged with sage. As Joseph began playing his didgeridoo over, around, and under my body I slowly noticed my body to start vibrating and tingling, my energy beginning to move. I believe I also noticed an increased feeling of calm and relaxation. My energy and tingling at one point seemed to be moving in a slow wave from head to toe. He told me to an exercise visualizing light entering through my sacrum and crown and leaving through my hands

and feet. While talking about our experiences after; Joseph told me my energy felt murky particularly in my lower chakras and legs. I left feeling a sense of contentment and hopefulness about this healing technique and future sessions.

3) Friday 7/14/06 I had undergone chemotherapy earlier this week, so I think I was hoping for side effect symptom reduction. This session as I lay in the cot the vibrating, tingling, and energy flow came more quickly. Again there was the wave effect and at one point and I would focus on negative energy and sensations (one being nausea) leaving through me feet. In discussion after the session Joseph mentioned that my energy was moving much better and that it had been easier for him to play. As I was driving home I remember noticing my sensation of nausea had lessened.

4) Friday 8/4/06 I don't remember a lot about this session, but I'm sure there was the usual vibration, tingling, waves of energy and leaving with a that sense of calm and hopefulness which was becoming familiar state after my sessions with Joseph. I remember Joseph telling me that my energy still felt good.

5) Friday 9/15/06 I believe that this was the first session I made Joseph aware of and to work on relief of pain in the right of my stomach and abdomen generally in the area of the tumor which surgery was unable to remove. I remember Joseph's focusing his playing more in this area only having minimal pain relief but still leaving with relaxed with that same sense of calm hopefulness.

6) Friday 1/5/07 I entered this session asking for pain relief and information/understanding around the pain which I have been having in my abdomen. It had gotten to the point that my pain medication needed to be increased from hydrocodone to oxycodone and I was taking 2-8 5mg. pills per night. During the session Joseph said he was going to use the Tibetan Singing bowl in addition to his Didgeridoos. I lay on the cot and as soon as I was smudged with sage and Joseph began to play the singing bowl I immediately began to vibrate and tingle (more immediately and intensely than in past sessions). I was focusing my breath and attention to feeling, observing and understanding this pain in my side. At the beginning of the session the pain was at 2 or 3 on a scale of 1-10. Joseph then began to play the first of the three didgeridoos. My level of vibration increased and seemed to be distributed in three bands, one from my crown to my heart, from my heart to my lower abdomen, and my groin through my feet. Each of these seemed to vibrate corresponding to where the playing was focused. At one point the vibrating in my abdomen began to intensify and as it did the pain seemed to increase from 2 or 3 to 6 or 7, and the vibration would have a wave quality, ebbing and flowing or increasing and decreasing. When the level of pain was at its height, I became aware that there were actually two areas of pain. One just below the surface in the lower mid and slightly right of center area and one deeper in my body and lower in the abdomen near the site of my colon resection and where the tumor was. This is the first time I remember being able to differentiate two areas of pain. As Joseph continued to play the wave motion seemed to spread through my entire body and intensify when he would use the didgeridoo to make a sound like an Elephant trumpeting. I have always liked this particular sound it makes me imagine a big bull elephant standing their and yelling GET OUT to what ever negative energy or discomfort is in that area of my body. As the session came to a close my level of pain had receded to a 4 or 5 and my vibrating and energy flow seemed to have become a more relaxing wave. After the session when we were sharing our experience and impressions, along with attempting to understand the pain and awareness of two different areas, I mentioned that the more surface area was where I have some post surgery hernias that have ruptured through the pigskin that was put in during surgery to replace tissue. Surgeons use either a synthetic mesh or pigskin if it is a larger area to cover. As I said this Joseph commented "that's it, now it makes sense". He explained that he had felt a negative, angry, unsettled energy or entity in my mid abdomen and had tried to pull it out and through the windows in the studio, but each time he got to the window it was back in me. He went on to explain that I have the energy and life force of another being in my body and that I needed to accept and honor this life force/energy/entity. By thanking it for giving its life to improve mine. As I was hearing and thinking this I also immediately realized my level of pain in that area had reduced by 50% to a 1 or 2. This seemed like a significant realization. This time I left the session slightly in awe of what we had realized and feeling energized and hopeful. Several times since the session I have given thanks to the pig, honoring it and accepting it as a part of me. I have done this as a meditation or simply when ever I think about it or remember during my day. I still have pain if I exert myself and agitate the hernias, but it goes more quickly, and the area in general feel more settles and at peace, my pigskin has become

a valued addition to my body.

The day after my session with Joseph I was having a Healing Touch session. When I mentioned the realization Joseph and I had made about the pig entity in my body and need to accept and honor it. My healing touch practitioner who has also been a nurse stated that she had seen a documentary about a Doctor who had been doing organ transplants. At times after the transplant client would talk about tastes changing or being more sensitive to or liking smell, which had not been present before. Some questions were asked and some research done and it seemed as if the transplant recipients were taking on or experiencing traits of the donor. Reportedly this Doctor is now working with his patients on accepting and welcoming these additions to their life.

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